

## Musical Moments COVID-19 Compliancy Document 2020

We have made several important changes in our session structure to ensure that everyone is being kept safe, the risk of infection is minimised and that your residents are able to still enjoy activities and entertainment for their own health and wellbeing which is something we feel is extremely important during these very challenging times.

Please find our new changes below, including a detailed description of what we are doing going forward; a detailed risk assessment and ways in which we have modified our sessions to ensure that the safety of your residents is our first priority.

We have carefully considered the government guidance on care home visits and performing arts and based our compliancy document around the suggested guidance advised; we are continually monitoring this and will make any updates in accordance to the government guidance, including local lockdowns as and when they are enforced.

<https://www.gov.uk/government/publications/visiting-care-homes-during-coronavirus/update-on-policies-for-visiting-arrangements-in-care-homes>

<https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/performing-arts>

*What we are doing going forward:*

### **PPE**

We are taking new precautions to ensure that our team members and your residents and staff are kept safe at all times. As per recommended government guidance, our team will arrive at your setting wearing a face mask. We will then follow your own guidance on how you would like us to deliver the session, wearing a face mask for the duration or removing it - we will follow staff guidance on this on arrival.

We will use hand sanitiser provided on arrival, as well as having our own personal hand sanitiser bottle and anti-viral wipes to wipe down any of our equipment used in the home.

If your session leader feels unwell or displays any symptoms of COVID-19 they will NOT deliver the session and will contact you immediately.

### **Session Modification**

We have taken several steps to modify the session that we deliver, so that our clients still receive the high-quality entertainment, stimulation, reminiscence and activity that we have always provided, but the session is risk free and safe from any contact. Below are the

changes that we have made to our session to ensure that any risk of infection from our sessions is completely eradicated.

### ***Our sessions are now non-contact***

The session has been modified so that we will not be making any physical contact with the residents. This will include no handshakes at the start of the session, no close contact, such as our usual one-to-one work and staying in a designated area to deliver the session, which we are happy to help organise in your home (see **Marking out performance spaces** below)

### ***No use of shared equipment, props or instruments***

We will no longer be using any sensory props, shared instruments or any items that will be passed from resident to resident. Our sensory activities have been modified so that this style of sensory activity can still be delivered but led from the session leader instead. If your home already has their own props/instruments that you and your staff are able to pass around, then we welcome you to do this. Before your session, it is advisable that you speak with your session leader about the equipment/props that you already have, so that our session leader can plan activities around your own resources – keeping the essence of our activity as alive as possible.

### ***Sensory Activities***

Many of the activities in our session are sensory based – however we understand that these are not possible in the current climate. Our sensory activities have been modified so that they are demonstrated and delivered by the session leader instead, or activities that we have not been able to modify have been swapped with our other engaging activities, including movement, live music performances, reminiscence therapy or singing.

We also frequently deliver activities with bubbles as a sensory element – however this will be changed to a bubble machine that does not require breath and exhalation from the session leader.

### **Complying with your care home's regulations**

Our team will take every measure possible to reduce any chance of infection and will comply with your own regulations. Please let us know what these are on booking your session, so that our session leaders are able to plan ahead accordingly. We will also partake in any track and trace system that you have in place, as well as sanitising/washing hands on arrival and departure.

If your care home feels that we need to take a COVID test at any point, we will be able to comply with this at any time to ensure the continued safety of the residents and staff at your home.

### **Marking out performance spaces**

All session leaders will be equipped with a tape measure and masking tape and will mark out an area of 3 metres by 3 metres in your chosen performance space, as per recommended by government guidance for performing arts. This can either be done by your

team before we arrive, or we are able to do this for you and will arrive earlier so that we can mark out a safe space for our activity. The session leader will stay in the 'safe space' throughout the session, ensuring that social distancing is achieved for the whole duration of our activity.

### **Contactless invoicing and payments**

It is usually standard for us to email out our invoices, but this will now be our protocol going forwards. Please ensure that you can provide us with a valid email address for us to send a paperless invoice to. We would also prefer to be paid by BACS rather than cash or cheque to reduce the risk of potential infection.

### **Our company values**

At Musical Moments we believe in the importance of stimulating and interactive forms of entertainment in the care and community industries that we work with. We know how devastating the COVID-19 impact has had on the residents' mental health and general wellbeing from lack of external activity and frequent visits from relatives, friends and frequent entertainers also.

We are hoping that with your help and support in these difficult and challenging times, we are able to resume to some form of normality, whilst also providing an excellent service that residents and staff both benefit from.

Moving ahead, we strive to:

- Ensure the safety and wellbeing in our sessions by taking every recommendation and precaution possible.
- Continue to deliver our sessions as 'normally as possible' to help the residents feel a sense of normality within the session.
- Comply with all protocol set by the care home, including wearing any necessary PPE.
- Focus and continually observe government guidelines and update our compliancy in accordance to these.
- Continue to deliver an excellent activity using music as the primary focus for your residents that helps to boost morale, engagement, stimulation and reduces social isolation and anxiety.

If you are still not ready to have face-to-face visits in your setting, we are still offering virtually delivered sessions as a current alternative. Please contact your session leader if you are interested in booking these.

Please find our updated risk assessment below, and if you have any questions about our COVID-19 compliancy going forward, please do not hesitate to contact our HQ on [hello@musical-moments.co.uk](mailto:hello@musical-moments.co.uk)

What is the risk?	Who may be harmed and how?	Controls	Further action to control any risk?
Getting or spreading coronavirus by not washing hands	<ul style="list-style-type: none"> <li>- Session leaders</li> <li>- Care staff</li> <li>- Residents</li> </ul>	<p>Ensure that all session leaders wash or sanitise their hands on arrival and departure from the setting – keeping our own personal sanitiser with us at all times and using sanitiser provided. If there is any risk that a session leader may have coronavirus symptoms, they will stay at home and won't come to work</p>	<p>Reminders from staff on arrival</p> <p>Ensuring to sanitise any equipment used or any items that session leader has come into contact with</p>
Getting or spreading coronavirus by not social distancing	<ul style="list-style-type: none"> <li>- Session leaders</li> <li>- Care staff</li> <li>- Residents</li> </ul>	<p>Session leaders will be equipped with masking tape and a tape measure so that they are able to carefully mark out a 'safe space' to perform and deliver the session</p>	<p>Session leaders will socially distance at all times and will also be wearing a face covering on arrival to the home</p> <p>Care home staff may need to assist in the session in case there are residents that are not able to socially distance, eg. due to dementia</p>
Getting or spreading coronavirus from touching or using equipment	<ul style="list-style-type: none"> <li>-Session leaders</li> <li>-Care staff</li> <li>-Residents</li> </ul>	<p>We have taken action to temporarily remove any sensory activities that include using props and items during this time.</p> <p>Any equipment used (such as speakers or personal instruments will be sanitised as and when necessary)</p>	<p>Session leaders will take care to ensure that only they touch or handle their own equipment or instruments during the session.</p> <p>We will continue to omit our sensory activities until it is safe to have them return. We will be substituting these activities with other stimulating non-contact activities.</p>